

Chandis SriLankan TOURS: Travel Check-List

Documents and money

- Passport and valid visa (ETA)
- Travel insurance documents
- Driver's license or other ID
- Copies of prescriptions for any medications
- Credit/debit cards and some local currency (LKR) in small denominations
- Emergency contact information, Copies of all bookings and reservations

Health and first aid

- First-aid kit: plasters, antiseptic wipes, pain relievers, and oral rehydration salts
- Medications: personal prescriptions and a basic supply of common remedies
- Sunscreen: High SPF and potentially a physical sunscreen for daily use
- Insect repellent: DEET-based or citronella oil is recommended
- Hand sanitizer or wet wipes: Essential for hygiene on the go
- Prescription eyeglasses or contact lenses: Bring extras if possible
- Water purification tablets or filter bottle: To ensure safe drinking water
- Any recommended vaccinations: Consult your doctor before traveling

Clothing and footwear

- Lightweight, breathable clothing: Quick-dry fabrics are ideal for the climate
- Rain gear: An umbrella or lightweight, waterproof jacket for occasional showers
- Swimwear: For beaches and waterfalls
- Comfortable walking shoes or sandals: For daily use
- Water shoes: Useful for rocky beaches or river spots
- Sun hat or cap: For sun protection
- Warm layer: For cooler evenings or higher altitudes

Gear and accessories

- Daypack: A lightweight backpack for excursions
- Reusable water bottle with filter: To stay hydrated and reduce plastic waste
- Power bank: To keep devices charged on the go
- Universal power adapter and converter: To charge electronics
- Camera and extra memory cards/batteries: To capture memories
- Sunglasses with UV protection: To protect your eyes
- Headlamp or small flashlight: For unexpected situations
- Travel journal and pen: For notes or personal reflection
- Ziplock bags: For protecting electronics or keeping things dry

Comfort and miscellaneous

- Travel pillow and eye mask: For long journeys
- Lightweight travel towel: A quick-dry towel is handy for beaches
- Insect bite cream: In case you get bitten despite using repellent
- Small supply of toilet paper: Many public restrooms may not have any
- A good guidebook or offline maps app: To help you navigate